

Let Our Experience Be Your Guide

2020 Vacations



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Welcome to Arc Expeditions!

We have an exciting and fun year planned, tailored to your ideas. We look forward to seeing familiar faces and meeting new people this year!

In this booklet you will find trip descriptions for exciting destinations that include day trips, weekend trips and week long trips. Take your time choosing your perfect trip(s), but once you find an expedition you would like to experience, send in your application packet and deposit because trips are filled on a first come basis. Arc Expeditions is affiliated with The Arc of Lincoln. The Arc of Lincoln is a nonprofit organization providing advocacy, resources, and collaboration for people with development disabilities and their families. One hundred percent of the proceeds from Arc Expeditions support the Arc of Lincoln to accomplish its mission.



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47 years of experience

Established in 1973, Arc Expeditions is one of the oldest and most experienced specialized travel programs in the US. We are committed to providing excellent opportunities for vacationers with intellectual and developmental disabilities.

Each trip package price includes:

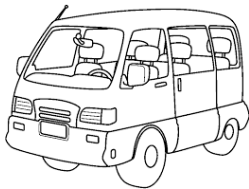
All transportation, baggage fees, lodging, gratuities, entrance fees, planned activities and three meals a day.

A vacationer may bring their own spending money to purchase snacks and souvenirs. All sponsor expenses are covered by a portion of the trip price.

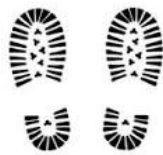
After your trip, you will receive a picture book mailed to your home, containing photos from your vacation. You will receive a luggage tag, and a t-shirt for 2020.



Flying Trip



Driving Trip



Lot of walking

Important Information

Eligibility: Any person who is 18 years of age or older with an intellectual or developmental disability who would be enriched by specialized vacation services is welcome to travel with us.

One to One Assistance: When a vacationers needs requires 1:1 assistance, the vacationer must pay double the vacation price to cover all the 1:1 caregiver's expenses. Vacationers may choose to have their own staff accompany them, or with adequate notice, request one from the Arc, if available.

Itinerary Changes: All trips are contingent upon adequate ratios and a minimum number of vacationers. Every effort will be made to adhere to the trip activities in the trip description, but circumstances may necessitate changes. Our policy is to notify vacationers if changes are needed.

Alcohol & Smoking: Alcohol consumption is not allowed. Smoking is allowed in designated areas only and is not allowed in vehicles or hotels.

Medication: Medication information must be provided on the application and updated when necessary. Unless vacationers administer their own medication, medication must be individually packaged and clearly labeled with name/date/time medication is to be given.

Lodging: Reservations will be made to accommodate two people per room. Single occupancy rooms are available by request, at an additional rate per night.

Wheelchair Accessibility: Please let the Arc office know as soon as possible if accommodations need to be made. There may be an extra charge for accessible van if needed.

Important Information

Deposits & Payments: Deposits are required for all trips and payment in full must be complete prior to the trips departure date. Balance is due 30 days prior to trip departure. A current State issued ID is required for all trips.

Flight Trips: A \$400 deposit is required. A passport may be required for certain trips. Baggage fees for one bag are covered in trip cost.

Van Trips: A \$100 deposit is required. Departure is typically at the Arc Lincoln office, but some trips allow for pick ups along the trip route. Please contact the office to make arrangements.

Pre-payment: A vacation account can be set up. Money sent must be used for Arc Expeditions and cannot be refunded. Checks should specify "Vacation Fund" and the vacationers name. Funds must be utilized for a trip.

Extended Payment Plan: An interest free extended payment option is available. Terms must be agreed upon before the trip.

Cancellations & Refunds: When a trip must be cancelled for any reason, by the Arc, you will be notified in writing or through a phone call. There are two options (1) select another vacation (2) receive a full refund of your money.

If a vacationer cancels a trip, it must be in writing. A cancelling vacationer can either find a substitute vacationer to attend the trip, unless airline tickets have been purchased. Cancellations due to medical reasons will be handled on an individual basis.

A trip cancelled or changed 14 or more days prior to departure will result in a charge of the deposit amount plus any pre-purchased portions of the vacation package. Any remaining funds will be kept in the vacationers travel account.

A trip cancelled or changed within 14 days are non-refundable. There will be no refunds for no shows, refusals to board or cancellations/delays due to weather. There will be no refunds for failure to bring a state ID for flight trips. If denied boarding for any reason, a refund will not be issued.

Disneyland Adventure California

March 19th thru March 23rd

Pack your walking shoes we have 3 fun filled days in Southern California planned. The theme parks we will be visiting include Disney Land and Disney California Adventure one day each. We will also be taking a day tour to Los Angeles to see how the stars live and shop. Who is excited for the live theatrical performance of Frozen and Star Wars Galaxy Edge is now open.

Deadline to Register: January 15th

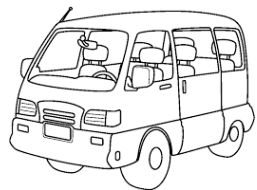
Cost of Trip: \$ 2800



Ladies Weekend
Kansas City, MO
April 17th thru April 19th

A weekend full of pampering to include; lots of laughs, friendships, good food, entertainment, manicure and pedicures and of course shopping.

Deadline to Register: March 1st
Cost of Trip: \$ 650



Train to Chicago
Chicago, IL
May 14th thru 18th

Do you like early mornings? Do you like trains? If so then this is the trip for you. The AMtrax train will be leaving at 230am from Lincoln to head to Chicago for a long weekend. Deep dish pizza, time on the Navy Pier, Architecture Cruise and of course the Shedd Aquarium are all on the schedule. Make sure you bring your walking shoes.

Deadline to Register: March 15th
Cost of Trip: \$ 1500



Zoo Weekend

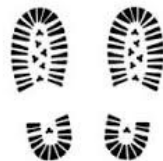
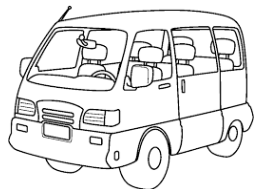
KC Missouri & Topeka Kansas

May 29th thru 31st

The group will be spending the night in KC on Friday night and visiting the KC Zoo on Saturday, home to 1300 animals on over 202 acres of land. The zoo was founded in 1909. We will then drive to Topeka on Saturday night and visit the Topeka zoo on Sunday which has one of the first tropical rain forests and over 300 animals that are located in Gage Park.

Deadline to Register: April 1st

Cost of Trip: \$ 550



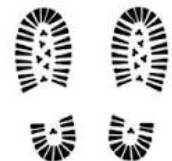
Lake Okoboji

June 4th thru 8th

Lake Okoboji is located in Northwest Iowa and is a natural body of beautiful water. Lake Okoboji is one of the most popular lakes to visit in the summer. So this summer lets join the popular group and make some memories at Lake Okoboji. Activities include Arnolds Amusement Park, swimming on the beach, Clark Museum, Okoboji summer theatre, miniature golf, shopping at the marina districts and breakfast at the ever so famous O'Farrell Sisters.

Deadline to Register: April 15th

Cost of Trip: \$ 1200

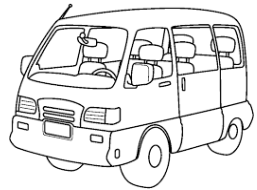


Pawnee Plunge
Columbus Water Park

June 17th

There is fun for everyone at the water park in Columbus. Activities include climbing wall, basketball hoops, 4 water slides, lazy river, and zero depth beach. The group will be leaving at 10am from Lincoln, we will stop for lunch before the water park and then dinner after a day of swimming and we will return back to Lincoln around 8pm.

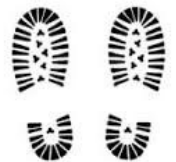
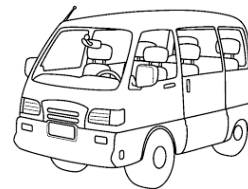
Deadline to Register: April 15th
Cost of Trip: \$ 125



Wisconsin Dells, WI
June 25th thru 29th

What personality are you? A thrill seeker, a nature lover, history buff, laid back, or an animal lover. The Dells has a little bit of everything to fit everyone's needs. Activities include; Dells boat tour, Timbavati wildlife park, scenic river walk, water parks, circus world and shopping. We can even make time for those who would like to do some horseback riding in the beautiful Dells.

Deadline to Register: April 15th
Cost of Trip: \$ 1400



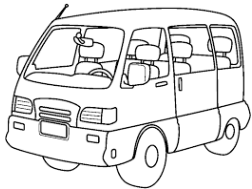
Aqua Court Hastings Water Park

July 7th

There is fun for everyone at the water park in Hastings. Activities include basketball hoops, 4 water slides, lazy river, and zero depth beach. The group will be leaving at 10am from Lincoln, we will stop for lunch before the water park and then dinner after a day of swimming and we will return back to Lincoln around 9pm.

Deadline to Register: June 1st

Cost of Trip: \$ 125



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Cheyenne Frontier Days, WY

July 19th thru 23rd

The first Frontier Days were held in 1897 for one day and now it has become a 10 day world famous western celebration. Activities to include; **USAF Thunderbirds**, Parades, Carnival rides and games, Museums, Indian Village, Concerts, Chuck Wagon breakfasts, Cheyenne Gun Slingers, and of course shopping.

Deadline to Register: May 15th

Cost of Trip: \$ 1500



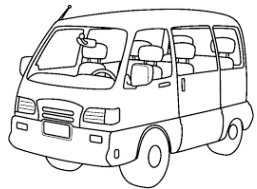
**Mahoney State Water Park
Ashland, NE**

August 5th

There is fun for everyone at the Mahoney State waterpark. Activities include, basketball hoops, 2 water slides, lazy river, and zero depth pool. The group will be leaving at 10am from Lincoln, we will stop for lunch before the water park and then dinner after a day of swimming and we will return back to Lincoln around 8pm.

Deadline to Register: July 1st

Cost of Trip: \$ 100



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**Salt Dogs Game
August, Wednesday evening
TBA**

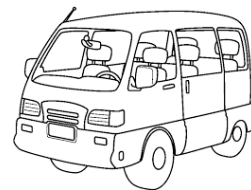
Baseball lovers, this is the day trip for you! Come enjoy Lincoln's own baseball team. The Salt Dogs Stadium has been named #1 Stadium for the past 15 years.

We will be enjoying ballpark food from the comfort of our very own suite!

Sign up for this trip to enjoy spending time with friends at the ball watching America's favorite pass time

Deadline to Register: July 1st

Cost of Trip: \$ 150



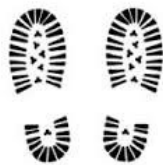
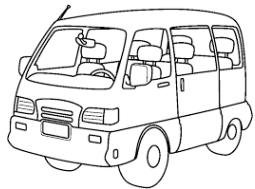
South Dakota Adventure

August 6th thru 10th

It is time once again to visit the beautiful badlands of South Dakota and all of it's beauty and history it has to offer us. Activities to include; Mount Rushmore, Crazy Horse Memorial, Spearfish Canyon scenic byway, 1880 train and Wall Drug for some free ice water and shopping.

Deadline to Register: June 15th

Cost of Trip: \$ 1300



Men's Weekend

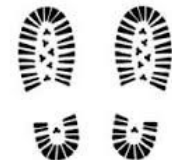
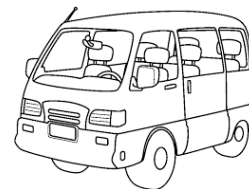
Des Moines, Iowa

August 1st thru 3rd

Des Moines is the capital city of Iowa and will be this years place for the annual men's weekend, so back your bags and be ready for a weekend of no cleaning rooms, making beds, or cooking. Activities will include pizza, arcade games, pinball, horse racing, slot machines, dinner on a train, and male bonding. There is an activity for everyone!

Deadline to Register: July 1st

Cost of Trip \$ 650



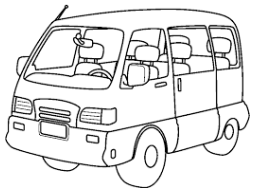
Husker Football

TBA will be a home game

Tickets are difficult to come by in our wonderful seats down in the handicap section of the N Zone. Michelle will be talking with UNL ticket office in June 2020 to see what game we would be able to purchase tickets for.. This date will be announced as soon as it can, but get your application and deposit in early so you can be guaranteed a seat. This game will likely have to be limited to 15 vacationers depending on the tickets available. The group will be tailgating before the game.

Deadline to Register: June 15th

Cost of Trip: \$ 275



Worlds of Fun

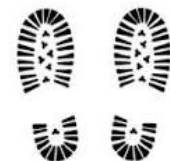
Kansas City, MO

October 5th thru 6th

Worlds of Fun is decorated for the Halloween holiday so keep your eyes open for those twists and turns throughout the park. We will be spending all day and evening at the park on Saturday. Sunday we will be spending the morning and early afternoon at Main Event where we can enjoy bowling, arcade games, laser tag, and rope climbing before returning home.

Deadline to Register: August 1st

Cost of Trip: \$ 450



Explore Canada

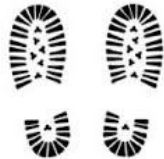
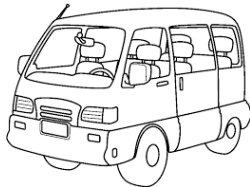
October 16th thru 22nd

You will need a passport for this trip!

Toronto is Canada's largest city and is full of life and character. The group will be flying into Buffalo New York and driving across the boarder. During our trip we will visit Nathan Phillips Square, Royal Ontario museum, CN tower, Harbourfront neighborhood and Toronto Islands. We will also spend a day touring Niagara Falls.

Deadline to Register: August 1st

Cost of Trip: \$ 2800



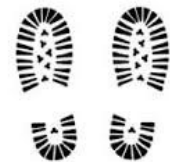
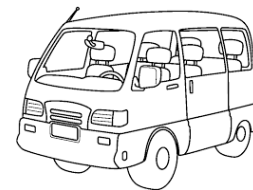
Branson, Missouri

November 19th thru 23rd

Join us on our annual trip to Branson, where you will get to see the Christmas spirit! We will be entertained by numerous new shows this year, and yes I promise an Elvis sighting. Branson is one of our favorite spots, so we know who offers the best shows, the best food, and the best hotels. Come spend time with the Arc and friends and see top performers, eat at delicious and exciting restaurants, you can only find in Branson. There will be plenty of time to shop and take in the Christmas lights of Branson!

Deadline to Register: Sept 15th

Cost of Trip: \$ 1200



*"Tell everybody I'm on my way.
New friends and new places to
see. With blue skies ahead, yes
I'm on my way." — Phil Collins,*

**Be on the lookout
for the 2021 book!**



**If you have any ideas of where
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call the Arc of Lincoln office.**

(402) 421-8866




The Arc
of Lincoln